de CRISTO

Dental • Education • Basic Needs • Dignity

2022 ANNUAL REPORT







Dear Friends and Supporters,

Since 1988, Manos de Cristo has helped our clients grow, thrive, and stay healthy. With your continued support, we have evolved and expanded to meet the needs of our growing community. So much has changed within Central Texas over the past few years and we have had to keep up with the demand for our services. In 2022, we felt the increased need for our programs as the cost of living, rent, and inflation affected our community members and created challenges for many.

We saw no shortage of individuals who came to our Dental Center in pain or in need of treatment to restore a healthy mouth. Manos continues to house one of the few low-cost dental centers in Austin, offering oral health care services to both under and uninsured individuals. Manos de Cristo staff offers compassionate care as well as a commitment to help our patients regain their dignity and smile. Manos served over 15,000 patients in 2022!

We have seen an increase in multi-generational households asking for food and clothing. In order to keep the shelves stocked in our Basic Needs department, we rely on donations from individuals, local area churches, and community organizations. We collaborated with local area churches that donated over

32,886 pounds of food! These partnerships have resulted in the visitors of our Food Pantry having access to quality food products, including fresh fruits and vegetables and items like bath soap, shampoo and toothpaste, items that have become luxuries for many.

Manos de Cristo resumed in-person Adult Education classes in 2022. Our Education classes continued to teach new skills to 532 adult learners. Our classes included English as a Second Language (ESL), Basic Computer Skills, and Citizenship classes. We continued to offer online classes, which allowed for volunteer teachers and students to join from all over the world!

Manos de Cristo was unable to host our in-person version of the Back-to-School (BTS) program during the summer. However, we did collaborate with local community organizations and school counselors to distribute backpacks filled with school supplies to children in need. We were also able to hand out backpacks to visitors of our Basic Needs Program and served 1,200 children with our BTS program.

The Manos de Cristo Annual Report provides a snapshot of 2022 and illustrates how the Central Texas community depends on our programs. With your continued contributions, we will continue to create positive change and inspire our clients to live a healthier and more empowered life.

Sincerely,

Julie Ballesteros *Executive Director*

Julie M. Kallestaros

DENTAL CENTER

15,373
duplicated
patients

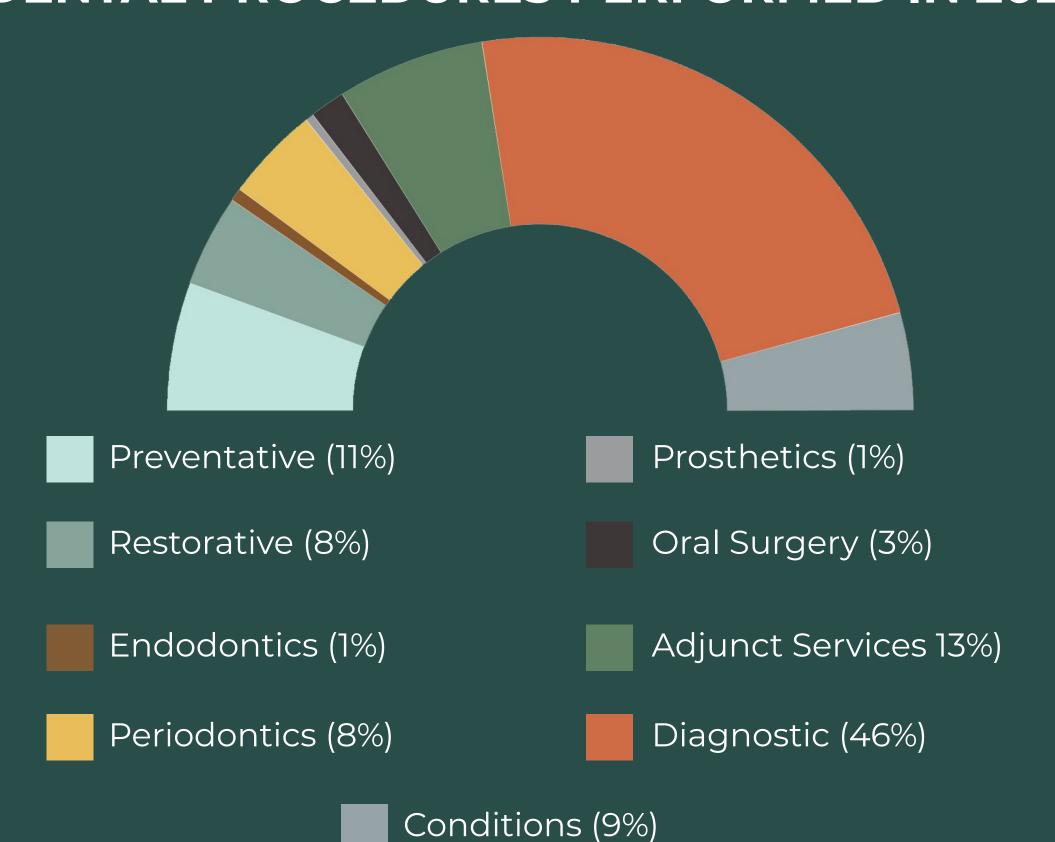
3,120
emergency
patients

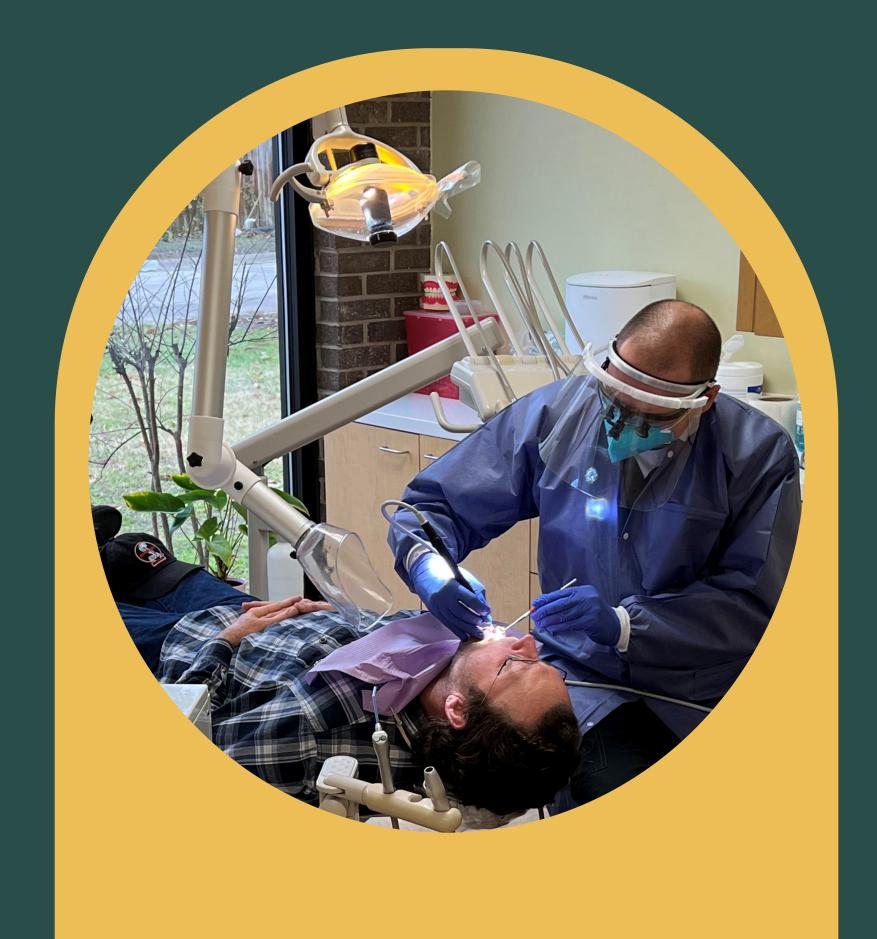
16,841 appointments

43,037 procedures

The Dental Center is committed to providing high-quality, affordable dental care to relieve pain, restore smiles, and prevent financially crippling medical bills. The Manos de Cristo Dental Center not only heals mouths, but restores self esteem and dignity to our patients. Offering preventative, restorative and emergency care, the Manos Dental Center is a dental home to many in need of high quality oral care. With the continued support of our partners, we have been able to serve more patients and save more smiles in 2022.

DENTAL PROCEDURES PERFORMED IN 2022





EDUCATION



The Manos de Cristo Education Program gives adult learners the tools and confidence they need to succeed. Our classes include ESL, Basic Computer Skills, and Citizenship.

Manos de Cristo returned to in-person classes in the Fall of 2021 and continued to do so in 2022; while at the same time offering online English as a Second Language (ESL) and Citizenship classes.

Our Education team worked with volunteer teachers from various parts North America to teach online skills to our adult learners. Our Education department strives to empower our students so that they are equipt with skills to help them reach their goals and strive for new success in their life.

781 total students

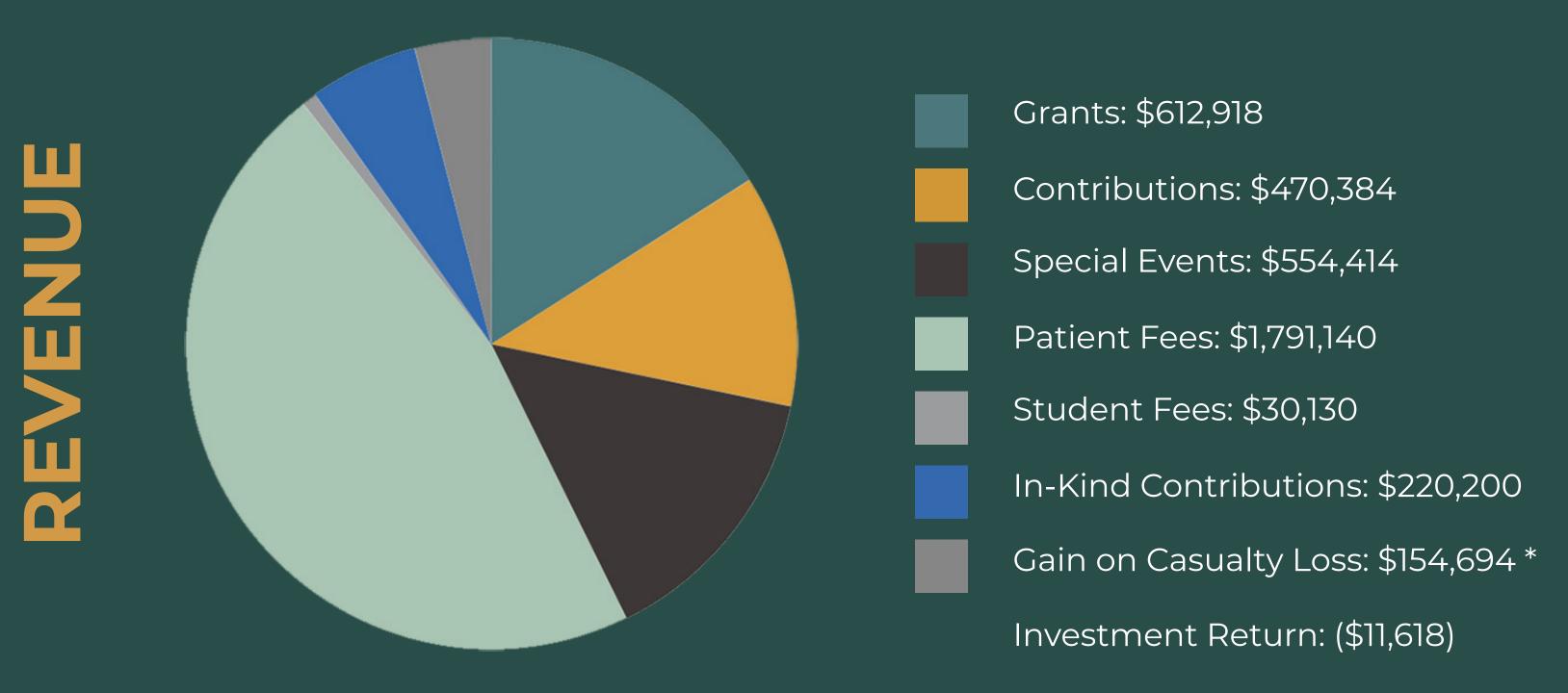
BASIC NEEDS

Our Food and Clothing Center is for those in need of emergency assistance and can only be accessed once every three months to allow us to serve as many people as possible. There was a high demand for food, as many in our community continued to feel financial stress due to the increase in cost of living. We collaborated with local area churches who donated over 2,131 bags of groceries! These partnerships have resulted in the visitors of our Food Pantry to have access to quality food products such as fresh produce and hygiene products that are otherwise unaffordable.

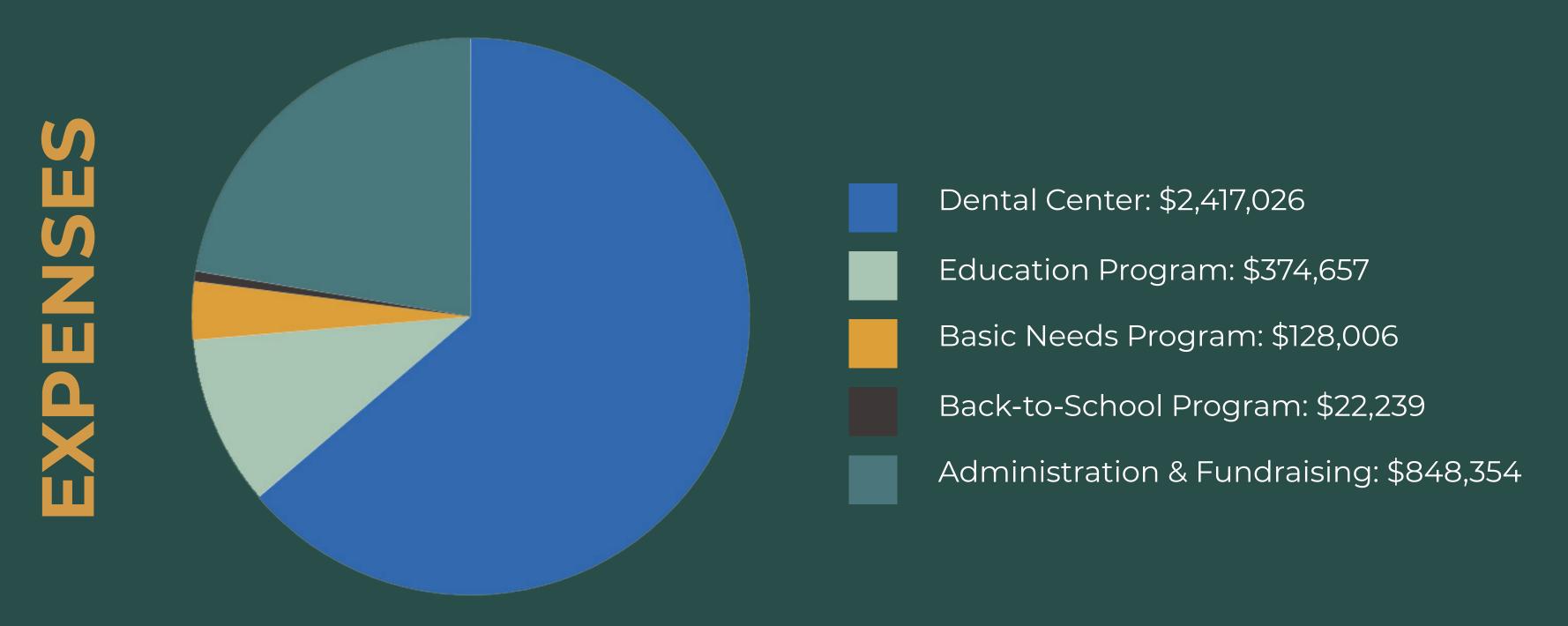
5,700 individuals served



FINANCIALS



TOTAL REVENUE: \$3,822,262



TOTAL EXPENSES: \$3,790,282

SPECIALTHANKS

We are grateful for our \$20,000 and above supporters:











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Craig Wallace

Susan White

Debra and George Woods

OUR MISSION

The mission of Manos de Cristo is to empower low-income individuals with a loving hand of assistance and without regard to age, gender, race, or religious preference. Manos de Cristo promotes dignity and self-reliance by meeting basic needs with food and clothing, providing essential oral care, and furthering educational development.

LEADERSHIP

Julie Ballesteros Executive Director

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Director of Finance

Jessica Gardiner
Director of
Foundation Relations

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Maria Palacios Co- Director of Education

Karin Zamora Co-Director of Education

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www.manosdecristo.org

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